# Learn Blue Teaming and Threat Management

Proactive defense, threat hunting, and incident response strategies

Akash Hedaoo



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# Dedicated to

My mom, my wife, and my daughters (Smeira and Saanvikaa)

#### **About the Author**

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Finally, to my readers, thank you for investing your time in this book. I hope it serves as a valuable resource in your professional journey.

#### **Preface**

If you are reading this, you know that the digital world can feel like a battlefield. Every day, unseen adversaries launch sophisticated attacks, and the line between a secure organization and a major breach is defended by skilled, vigilant professionals. That is the world of the Blue Teamer, and it is where you come in. My goal with Learn Blue Teaming and Threat Management is to take you from enthusiast to practitioner, to equip you with the skills to become a successful incident responder and a sharp threat management professional who can confidently identify, assess, and shut down intrusions. Consider this book your guide to joining that critical first line of defense.

The book is designed to quickly move the readers from theory to action. This is not just about reading; it is about doing. We will work with the tools of the trade, as we discuss a lot of tools in this book. Together, we will look into packet analysis, learn to centralize logs, and hunt for threats on endpoints. Every chapter is built around practical, real-world use cases, so you are not just learning concepts, but rather you are building muscle memory for the job.

I wrote this book for anyone ready to step into the defender's shoes. Whether you are just starting in information security, you are an experienced SOC analyst looking to sharpen your skills, or you are an IT pro aiming to specialize in security, you will find your path here. A basic grasp of networking and security concepts will certainly help, as will some familiarity with Windows or Linux. But what you need most is a curious mind and the drive to understand how to protect our digital world.

I hope that by the end of this journey, you will feel more than just knowledgeable - you will feel empowered. The world of cyber defense is challenging, but it is also incredibly rewarding. After working through this book, you will have the practical skills and the confidence to step onto a blue team and make a real difference, protecting your organization's most critical assets from the threats of today and tomorrow.

Chapter 1: Introduction to Blue Teaming- This chapter sets the stage by explaining what blue teaming really means and why it is a crucial part of modern cybersecurity. It introduces the role of a blue teamer and how defenders work tirelessly to protect an organization's systems, data, and networks. The chapter emphasizes the importance of proactive defense and explains how blue teams collaborate with red teams to strengthen security posture. You will also explore the types of attacks defenders face and the core mission of blue teaming. By the end, you will have a solid understanding of the goals, mindset, and responsibilities of a cybersecurity defender.

Chapter 2: Advancing Security Fundamentals and Risk Assessment- Here, we will look into the foundational knowledge every blue teamer must master. From basic networking concepts to encryption, access control, and cloud security, this chapter builds the technical groundwork needed for defensive operations. You will also learn about key cybersecurity principles like incident response and risk management. These are not just theories; they directly impact your ability to spot, prevent, and respond to threats. Whether you are analyzing logs or setting up controls, these concepts are your day-to-day tools. Think of this chapter as your cybersecurity 101 crash course.

Chapter 3: Exploring Security Frameworks- This chapter explores the security playbooks that help organizations stay structured and prepared. It breaks down important frameworks like NIST, ISO 27001, and MITRE ATT&CK<sup>TM</sup>, explaining how each one helps you build a mature, defensible security posture. You will learn how these frameworks guide decision-making, streamline incident response, and ensure compliance with global standards. They are more than documents; they are essential tools for any blue teamer aiming to operate effectively in a high-pressure environment. Understanding them will help you prioritize, plan, and communicate security goals clearly.

Chapter 4: Explore Blue Teaming Strengthening Techniques- This chapter focuses on tools and techniques blue teams use daily to identify and stop threats. You will learn about SIEMs, EDR tools, phishing analysis, data loss prevention, and more. The chapter also introduces modern techniques like deception technology and threat hunting, showing how blue teams actively hunt down risks instead of waiting for alerts. By exploring hands-on approaches and automation strategies, you will see how defenders gain visibility and control over complex environments. It is the how behind effective cyber defense.

Chapter 5: Defensive Strategic Methodology- In this chapter, we go behind the scenes of a modern SOC. You will learn how SOCs are structured, how they operate, and why they are the backbone of enterprise cybersecurity. The focus is on people, process, and technology—three pillars that make or break security operations. From alert handling to compliance reporting and automation, we cover how SOCs keep businesses secure in a fast-moving threat landscape. You will also see the evolution of SOCs from reactive units to proactive, risk-driven command centers.

Chapter 6: Incident Response Management- This chapter walks you through the complete incident response lifecycle: preparation, detection, containment, eradication, and recovery. You will learn how to make decisions under pressure, perform digital forensics, and minimize business impact. Real-world case studies help bring the concepts to life. The chapter also stresses continuous improvement—learning from past incidents to strengthen your response

strategy. With proper planning and execution, incident response becomes a powerful weapon, not just a safety net.

Chapter 7: Effective Threat Management for Enterprises- This chapter looks into the threats organizations face—malware, phishing, insider threats, ransomware, and nation-state attacks. You will learn how attackers operate and what signs they leave behind. With real examples and hands-on analysis, you will explore how to spot, evaluate, and defend against advanced threats. The goal is to develop a proactive mindset so you are not just reacting—you are anticipating. This chapter makes threat management feel less overwhelming and more strategic.

Chapter 8: Threat Hunting Exploration- Threat hunting is where intuition meets skill. This chapter shifts focus from passive defense to actively seeking out threats. You will learn how to form hypotheses, analyze logs, use threat intelligence, and identify stealthy intrusions that have not triggered alerts. It is a high-skill, high-reward discipline that brings together experience, tools, and a deep understanding of attacker behavior. Whether it is using deception technology or building your own hunting workflows, this chapter will sharpen your instincts and help you find what others miss.

Chapter 9: Deploying and Analyzing Threat Vectors- This chapter introduces cyber threat intelligence (CTI) and how it helps defenders think like attackers. You will explore different types of intelligence—strategic, tactical, and operational, and how to use them to map attack surfaces and anticipate threats. Tools like OSINT, IOCs, and dark web monitoring are covered in detail. You will also learn how to deploy CTI in real environments, giving your defense the edge it needs. This is where you shift from responding to threats to predicting them.

Chapter 10: Threat and Vulnerability Management- Here, the focus turns to building a security-first culture and infrastructure. You will explore policies, governance frameworks, risk assessments, and awareness training—all vital to maintaining long-term resilience. The chapter also covers how to implement controls using the CIS framework and navigate evolving data privacy laws. By blending policy, people, and technology, this chapter helps you build a mature, well-rounded threat management program. It is not just about tools—it is about strategy, consistency, and communication.

Chapter 11: Future of Blue Team and Threat Management- Cybersecurity is evolving—and so should you. This chapter looks at what is next: AI-driven detection, automation through SOAR, the shift to Zero Trust, and the growing role of cloud-native defenses. You will also explore the future skill sets defenders will need, from scripting to cloud security and behavioral analytics. It is a forward-looking guide to help you stay ahead of attackers and relevant in your career. The battlefield is changing, and this chapter helps you gear up for it.

Chapter 12: Case Studies- There is no better teacher than experience, and this chapter delivers it through real-world breach analyses. From the SolarWinds hack to the Colonial Pipeline attack, each case study walks you through what happened, how the attackers got in, and what defenders did in response. These stories offer valuable lessons on common gaps, attack techniques, and missed opportunities. They help connect theory to practice and prepare you for similar scenarios in your own environment. Think of this as learning from others' mistakes—before they become your own.

Chapter 13: Sites, Tools, and References- This chapter is your go-to resource hub. It lists key cybersecurity platforms, tools for OSINT, malware analysis, phishing response, and hands-on practice through CTFs and labs. Whether you are a beginner looking to learn or a seasoned pro brushing up your skills, you will find curated links to stay sharp and current. It is not a chapter you will read once, it is one you will keep returning to. Cybersecurity never stands still, and this toolkit helps ensure you do not either.

Chapter 14: Building Your Career in Blue Teaming- In this chapter, you will be able to identify various blue team career paths and their requirements, construct a hands-on home lab for practical skill development, and recognize the crucial role of soft skills in professional success. You will also learn how to create a strategic plan for pursuing relevant certifications and prepare effectively for technical interviews, enabling you to translate the knowledge gained throughout this book into tangible career opportunities.

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# CHAPTER 1 Introduction to Blue Teaming

### Introduction

Welcome to this comprehensive guide on the fascinating and critical discipline of defensive cybersecurity. This book is designed to equip you with the knowledge and skills required for a successful career in blue teaming.

This first chapter will introduce the foundational concepts of blue teaming, establishing the core principles that will be explored in greater detail throughout the book. We will explore why proactive defense is essential in today's threat landscape and outline the key areas that define the blue team's mission.

Technical know-how and strategic considerations are necessary for efficient blue teaming. Members of the blue team should be well-versed in cybersecurity theories and methodologies and possess the capacity to conduct data analysis and make choices under time constraints. Members of the blue team must also have excellent communication and teamwork skills to effectively collaborate with other teams within the firm, which we will get to learn from in this book.

#### Structure

In this chapter, we will cover the following topics:

Definition of blue teaming and threat management

- Role of a blue teamer
- Teams working under blue teaming
- Understanding the threat landscape
- Blue team vs. red team

# **Objectives**

Blue teaming is a proactive cybersecurity approach that defends an organization's systems, networks, and data from cyberattacks. Blue teaming is also often referred to as defensive security. Blue teaming is to strengthen an organization's cybersecurity posture by proactively evaluating and enhancing its defensive capabilities. This is accomplished through the process of blue teaming. The term blue teaming refers to the practice of defending an organization's systems, processes, and data against real-world and simulated attacks. In a common security exercise, a 'red team' will simulate attacks to test the organization's defenses, while the 'blue team' is responsible for detecting and responding to both real-world attacks and these simulations, thereby improving the overall security posture. The key goals of blue teaming are as follows: detection and prevention of threats, management and reaction to incidents, security evaluation and improvement, management of vulnerabilities, and security awareness and training.

# Definition of blue teaming and threat management

Blue teaming is the practice of defending an organization's information systems against cyber threats and attacks. The blue team, acting as defenders, focuses on identifying, neutralizing, and responding to simulated attacks. They collaborate with the **Security Operations Center** (**SOC**) and incident response teams to improve the overall security posture. Blue team activities are often validated through penetration testing and red team-blue team exercises, and they leverage the outputs of vulnerability assessments to prioritize defensive actions.

Threat management is an effective and organized way to find, evaluate, and stop possible threats to an organization's IT systems and information assets. It is the process of constantly keeping an eye on, analyzing, and reacting to security events and situations to lessen the damage they can do. Threat management includes many different tasks, such as getting information about threats, assessing risks, managing vulnerabilities, planning how to respond to an event, and keeping an eye on things all the time. By handling threats well, organizations can make themselves more resistant to attacks, find and stop them faster, and lower the total risk of cyber incidents.

# Blue teaming

Blue teaming, also known as defensive security, is the comprehensive practice of protecting an organization's information systems through continuous monitoring and active defense. The primary objective of a blue team is to maintain the **confidentiality**, **integrity**, **and availability** (CIA) of an organization's data and infrastructure. This is achieved through a suite of proactive and reactive measures designed to guard against, detect, and respond to cyber threats.

To accomplish this, blue teams utilize a variety of security tools, including security information and event management (SIEM) systems for log correlation, intrusion detection and prevention systems (IDS/IPS) for network surveillance, and endpoint detection and response (EDR) solutions. Beyond relying on automated alerts, a key function is proactive threat hunting, where defenders actively search for covert adversaries who have bypassed initial security controls. These defensive activities are often tested and refined through collaborative exercises with a red team, which simulates attacks to validate the blue team's effectiveness.

These activities are guided by the strategy of threat management, the structured process of identifying, assessing, and mitigating potential cyber threats. This involves gathering and analyzing threat intelligence to understand adversary tactics, conducting vulnerability assessments to find and remediate weaknesses, and executing a robust incident response plan to contain and eradicate threats when they occur. Ultimately, effective blue teaming integrates technical defense with strategic threat management to create a resilient and adaptive security posture.

# Threat management

Threat management is a critical aspect of the blue team's responsibilities. It is the structured process of identifying, assessing, and mitigating potential cyber threats. They must be able to identify potential threats and respond to them accordingly. This includes monitoring suspicious activity, conducting threat-hunting exercises, and deploying countermeasures to prevent attacks. They must also stay current with the latest threat intelligence to ensure the organization's defenses are effective against the latest threats.

In addition to these tasks, the blue team is also responsible for incident response. In a security breach, the blue team is responsible for containing the incident, mitigating the damage, and restoring normal operations. They must also conduct a post-incident review to identify weaknesses in the organization's defenses and address them accordingly.

To effectively carry out their responsibilities, the blue team must thoroughly understand the organization's IT infrastructure and the latest cybersecurity trends and technologies. They must also have strong communication and collaboration skills, as they often work with other teams within the organization, such as the red team and IT support.

To protect an organization's digital assets, the blue team must be vigilant, proactive, and adaptable to stay ahead of the evolving threat landscape.

The blue team plays a crucial role in maintaining the organization's security posture through regular vulnerability assessments, penetration testing, and deploying security measures like firewalls, intrusion detection and prevention systems, antivirus software, and SIEM tools. This ensures confidentiality, integrity, and availability of the organization's data and systems.

It is worth noting that the blue team comprises professionals from various backgrounds, including network security, incident response, threat intelligence, and forensics. They work together to ensure the organization's security posture is up-to-date and effective against the latest threats.

It protects an organization's digital assets from cyber threats. Their efforts ensure that the organization's operations remain uninterrupted and that sensitive information remains confidential.

They must also adapt quickly to new threats and technologies. They must stay current with cybersecurity trends and technologies and have strong communication and collaboration skills. They often work with other teams, such as the red team and IT support. Overall, the blue team is critical in maintaining the organization's security posture and protecting it from cyber threats.

The military coined *blue teaming* to describe friendly forces' defense against hostile forces during war simulations and military drills. In military simulations, the blue team represents the defending force. It utilizes defensive tactics to safeguard its resources, while the red team stands in for the opposing force and employs offensive tactics to strike and take advantage of weaknesses.

The blue team in cybersecurity represents an organization's internal security team or defenders. They aim to defend the organization's assets from online threats and assaults, including data, networks, and systems. By putting security measures in place, keeping an eye on network traffic, and responding to problems, the blue team tries to stop and identify cyberattacks.

The red team, in contrast, stands in for external threat actors like hackers and cybercriminals who employ offensive strategies to break into an organization's systems and data. The red team tests the efficiency of an organization's security defenses by simulating actual assault scenarios.

Cybersecurity blue teams perform various tasks, including vulnerability analyses, security monitoring, and incident response. To provide a coordinated and successful response to cyber threats and assaults, the blue team closely collaborates with other teams, including the red team, the **incident response team** (**IRT**), and the SOC.

In cybersecurity, fending off online threats and assaults by utilizing defensive tactics, security measures, and incident response protocols is known as blue teaming.

# Scope and workflow

The scope of blue teaming is vast and ever evolving, covering a wide range of activities and responsibilities aimed at defending an organization's digital assets.

Here is a breakdown of the key areas that fall under the purview of blue teams:

#### Threat intelligence:

- Gathering and analyzing threat intelligence from various sources (open-source, commercial feeds, internal data) to understand the latest threats, vulnerabilities, and attack techniques.
- Proactively identifying and assessing potential threats to the organization.
- Developing threat profiles and attack scenarios to guide defensive strategies.

#### **Vulnerability management:**

- Regularly scanning and assessing systems and applications for vulnerabilities.
- Prioritizing and remediating vulnerabilities based on risk.
- Implementing security controls and hardening systems to prevent exploitation.

#### **Security monitoring:**

- Continuously monitoring security tools and systems (e.g., SIEM, IDS/IPS, EDR) for suspicious activity.
- Analyzing security events and alerts to identify potential attacks.
- Investigating and responding to security incidents.

#### **Incident response:**

- Developing and implementing incident response plans.
- o Containing and mitigating security incidents.
- Eradicating threats and recovering affected systems.
- Conducting post-incident analysis and reporting.

#### **Digital forensics:**

- o Collecting and analyzing digital evidence to support investigations.
- o Reconstructing attack timelines and identifying attackers.
- Preserving evidence for legal proceedings.

The scope of blue teaming is constantly expanding as new technologies emerge and the threat landscape evolves. Blue teams need to be adaptable and continuously learn new skills to stay ahead of the curve.

Their operational workflow typically involves a continuous cycle of monitoring, detection, analysis, response, and improvement. Here is a breakdown of the key stages:

#### • Monitor and detect:

- o **Continuous security monitoring**: The team constantly monitors security tools and systems (e.g., SIEM, IDS/IPS, EDR) for any signs of suspicious activity or security events.
- o **Threat intelligence**: They leverage threat intelligence feeds to stay informed about the latest threats, vulnerabilities, and attack techniques.
- o **Anomaly detection**: They use various techniques (e.g., statistical analysis, machine learning) to identify unusual patterns or behaviors that may indicate an attack.

#### Triage and analyze:

- o **Alert triage**: When alerts are triggered, the team triages them to assess their severity and potential impact.
- o **Incident analysis**: If an alert warrants further investigation, the team conducts in-depth analysis to determine the nature and scope of the incident. This may involve:
  - Examining logs and network traffic.
  - Analyzing malware samples.
  - Conducting forensic investigations.

#### • Respond and contain:

- o **Incident response**: Based on the analysis, the team takes appropriate actions to contain the incident and mitigate its impact. This may include:
  - Isolating affected systems.
  - Blocking malicious traffic.
  - Removing malware.
  - Restoring data from backups.
- o **Escalation**: If necessary, the team escalates the incident to senior management or external incident response teams.

#### • Recover and remediate:

- o **System recovery**: The team works to restore affected systems and data to their pre-incident state.
- o **Vulnerability remediation**: They identify and address any vulnerabilities that may have been exploited in the attack. This may involve patching systems, updating configurations, or implementing new security controls.

#### Document and learn:

- **Documentation**: The team documents the entire incident response process, including the details of the attack, the actions taken, and the lessons learned.
- Knowledge sharing: They share their findings and insights with the broader security team and other stakeholders to improve the overall security posture.
- **Continuous improvement**: They use the lessons learned to refine their processes, tools, and techniques for future incident response efforts.

The following figure depicts the key stages of a blue team workflow, emphasizing the continuous improvement loop:



Figure 1.1: Workflow of a blue teamer

## Role of a blue teamer

Blue teamers are the defenders of an organization's digital assets. They are the cybersecurity professionals who work tirelessly to protect critical systems and data from cyber threats. Their role is multifaceted, requiring a combination of technical expertise, analytical thinking, and communication skills.

To succeed, a blue teamer must possess a diverse set of skills and a proactive mindset. These can be broken down into two key areas:

#### Technical skills

A strong technical foundation is essential. This includes:

- **Knowledge of security technologies:** Deep familiarity with core defensive tools such as SIEM, EDR, firewalls, IDS/IPS, and vulnerability scanners.
- Network security: A solid understanding of network protocols, topologies, and fundamental security concepts.
- **Operating system security:** In-depth knowledge of operating system hardening and secure configuration for systems like Windows and Linux.
- Cloud security: As organizations move to the cloud, familiarity with cloud security principles for platforms like AWS, Azure, or GCP is critical.
- **Programming and scripting:** The ability to write scripts (e.g., in Python or PowerShell) to automate analysis and response tasks is a significant advantage.

# Analytical and soft skills

Technology alone is not enough. The most effective blue teamers also excel in non-technical areas:

- **Analytical thinking:** The ability to analyze large datasets, identify patterns, and draw logical conclusions to uncover hidden threats.
- Problem-solving: The capability to troubleshoot complex security challenges under pressure and develop effective solutions.
- **Communication:** The skill to clearly communicate technical information to both technical peers and non-technical stakeholders, such as management or legal teams.
- **Collaboration:** The ability to work effectively as part of a team, sharing information and coordinating actions with other security professionals and IT teams.
- Continuous learning: A commitment to staying updated on the latest threats, vulnerabilities, and security technologies is non-negotiable in this rapidly changing field.

# Professional qualification

While a strong foundation in technology is often associated with cybersecurity, the truth is that the field thrives on diversity. *Anyone* with the right mindset, a relentless drive to learn, and the essential skills can excel as a blue teamer or cybersecurity professional. It is more about passion, dedication, and a knack for problem-solving than adhering to a specific background. We see professionals with backgrounds in arts, history, finance, and various other disciplines seamlessly integrating into the security fraternity. Their unique perspectives and experiences often bring fresh insights and approaches to tackling cybersecurity challenges.

There are many certifications that can be taken to learn the skills required for being a Blue teamer. Foundational certifications for a blue teamer include CompTIA Security+ and CompTIA CySA+ (Cybersecurity Analyst). For more specialized roles, certifications like the GIAC Certified Intrusion Analyst (GCIA), GIAC Certified Incident Handler (GCIH), or Computer Hacking Forensic Investigator (CHFI) are highly valued.

Beyond the certifications, the following is also important:

- Continuous learning: Cybersecurity is a constantly evolving field. Blue Teamers
  must stay updated on the latest threats, vulnerabilities, and technologies through
  continuous learning, attending conferences, participating in online communities, and
  pursuing further education.
- **Practical experience**: Hands-on experience is invaluable for Blue Teamers. Participating in **Capture the Flag (CTF)** competitions, building home labs, and contributing to open-source security projects can provide valuable practical experience.

**Networking:** Building a strong network with other security professionals can provide opportunities for learning, collaboration, and career advancement.

# Teams working under blue teaming

Although many teams comprise blue teams, let us discuss a few, like SOC, IR, etc. We shall discuss all the different teams in the future chapters of this book.

# Security Operations Center and the incident response team

A modern defensive strategy relies on two core components: the SOC and the **incident response** (IR) team. The SOC acts as the central command hub, where analysts continuously monitor the organization's networks and systems, analyzing data from various security tools to detect potential threats in real-time. When a significant security event is confirmed, the specialized IR team takes the lead, executing a structured plan to contain, eradicate, and recover from the breach. The detailed architecture and operations of the SOC will be explored in *Chapter* 5, Defensive Strategic Methodology, while the complete methodology for incident response management will be covered in *Chapter 6, Incident Response Management*.

# Computer Security Incident Response Team

Computer Security Incident Response Teams (CSIRTs) are responsible for responding to high-level security incidents that can significantly impact an organization. They work closely with the IR team to coordinate responses to these incidents.

CSIRT members are typically highly skilled and possess deep technical knowledge of various technologies and systems. They may also have specialized expertise in malware analysis, network forensics, and threat intelligence.

Overall, CSIRTs play a critical role in maintaining the security of an organization's network and systems, minimizing the impact of security incidents, and helping to prevent future incidents from occurring.

# **Computer Emergency Response Teams**

Computer Emergency Response Teams (CERTs) are responsible for responding to cyber threats at the national or international level. They work closely with other government agencies and organizations to coordinate responses to these threats.

Several national and international CERTs collaborate and share information on cyber threats and incident response best practices. These include the United States Computer Emergency Readiness Team (US-CERT), the Indian Computer Emergency Response Team (CERT-In), the European Union Agency for Cybersecurity (ENISA), and the Asia-Pacific Computer Emergency Response Team (APCERT).

These teams work together to ensure that the organization's digital assets are protected from cyber threats. By working together and sharing information, one can maintain the organization's security posture and respond to security incidents quickly and effectively.

The blue team and its sub-teams play a key role in protecting an organization's digital assets from cyber threats. They work together to ensure that your organization's security posture is up-to-date and effective against the latest threats. The role and scope of these teams may differ in different organizations, considering which protocol and framework they follow. The detailed architecture and operations of the SOC will be explored in *Chapter 5*, *Defensive Strategic Methodology*, while the complete methodology for incident response management will be covered in *Chapter 6*, *Incident Response Management*.

# Understanding the threat landscape

When it comes to properly protecting oneself against cybersecurity threats, it is essential for enterprises to have a solid understanding of the threat landscape. The term threat landscape refers to the whole of the types and breadth of the possible dangers that are present in the digital world. It considers a wide range of aspects, including the various sorts of threats, the origins of such threats, attack routes, and the goals of threat actors.

A blue team's effectiveness is directly tied to its understanding of the adversary. To build a resilient defense, one must first comprehend the vast and varied threats that organizations face in the digital realm. A deep dive into the specific tactics, techniques, and procedures used by malicious actors is essential for any cybersecurity professional. Key threats, including malware, social engineering, ransomware, and advanced persistent threats, will be covered in detail in *Chapter 7*, *Effective Threat Management for Enterprises*.

### Blue team vs. red team

Initially, the term red team and blue team were coined in the military. The term red team refers to a group of individuals who were tasked with testing the defensive capabilities of a military unit or organization. In this context, the red team was responsible for simulating the tactics and techniques used by an enemy force in order to identify weaknesses and vulnerabilities in the unit's defenses. The red team was also called the red cell. Red cell members demonstrated the vulnerabilities of military bases and would regularly use false IDs, dismantle fences, barricade buildings, take hostages, and kidnap high-ranking personnel. Similarly, the blue team was responsible for defending against the simulated attacks from the red team.

The concept of the red team has evolved to encompass a broader range of activities beyond just penetration testing. Today, red teams are often used to simulate a variety of different types of attacks, including social engineering attacks, phishing attacks, and other forms of